



Birth Plan for The Madison Midwives

Full Name: _____

Partner's Name: _____

Other Support People: _____

Due Date: _____

Other children's names/ages: _____

If you meet water birth qualifications are you planning to attempt a water birth? _____

Labor:

Preferred laboring positions: _____

Lighting Low? _____

Music _____

Would you prefer to wear your own clothes? _____

Would you like to use the bathtub or shower? _____

We generally do not have students involved in the birth, but occasionally there may be a nursing student on the unit, do you have a preference on the involvement of nursing students? _____

Second Stage:

Do you have a preference for pushing positions? _____

We generally promote spontaneous bearing down efforts – do you have any other preferences on pushing and coached pushing? _____

Would you like to see/touch your infant's head upon crowning? _____

Our routine practice is to allow the umbilical cord to pulse before cutting and to place infant skin to skin immediately unless infant is in distress – do you have any other preferences in regards to the immediate post-birth time? _____

Do you plan on keeping your placenta? _____

Are you planning on having your placenta encapsulated? _____

If a cesarean section became necessary:

Who would you like in the surgical suite along with you? _____

Do you have any other preferences? _____

Trial of labor after a prior c-section:

According to Meriter Hospital policies the following will be necessary for a trial of labor:

- IV in place upon admission
- Type and screen upon admission
- Continuous fetal monitoring via external fetal monitor or internal fetal monitor

Any other preferences in respect to trial of labor after a prior c-section? _____

Infant:

Who is your Baby's doctor going to be? _____

Planning to breastfeed? _____

Do you have any reason that you may need to see a lactation consultant? _____

Are you planning a circumcision if the infant is a boy? _____

Routine practice is to have infant skin to skin for the first couple of hours with a breastfeeding attempt. During this time there is routine administration of vitamin K and erythromycin.

Would you like to have the vitamin K? _____

Would you like to have the erythromycin? _____

Do you have any preferences on how long you stay at the hospital after the birth? _____

Anything else you would like your care providers to know?

